

REPORT OF THE
Executive Member for Public Health
PART II

1. TIER 2 ADULT WEIGHT MANAGEMENT SERVICE

- 1.1. On 26 November 2020 the Executive Member for Public Health gave approval to spend for a Tier 2 Adult Weight Management Service up to the maximum value of £2,290,000 for a maximum contract term of 6 years (4 years with an option to extend for a period or periods of up to a total of 2 years), commencing on 1 October 2021.
- 1.2. Tier two weight management programmes are lifestyle weight management programmes for overweight or obese adults that are multi-component and aim to reduce a person's energy intake and help them to be more physically active by changing their behaviour. These programmes are usually based in the community, workplaces, primary care or online.
- 1.3. It is estimated that sixty-three percent (63%) of the Hampshire adult population is overweight or obese. This is higher than the proportion estimated for England (62%) and the South East region (60%). The Tier 2 Adult Weight Management Service is an important part of the adult weight management pathway for Hampshire and has been a key cornerstone of the previous and planned Hampshire Healthy Weight Strategies.
- 1.4. The County Council is ensuring the Tier 2 Adult Weight Management Service provides an evidence-based approach and that there are measures in place to ensure that the provision is targeted to those for whom weight loss will provide positive health outcomes. The current service operates on a payment by results basis and this approach would be extended to the future service. This will ensure the County Council is paying for a weight management service upon delivery of performance.
- 1.5. The urgency of addressing excess weight in the population has been brought even more to the fore by evidence of the link of an increased risk from COVID-19. Being clinically obese puts people at greater risk of serious illness or death from COVID-19, with risk growing as body mass index (BMI) increases. Nearly 8% of critically ill patients with COVID-19 in intensive care units have been morbidly obese, compared with 2.9% of the general population. To respond to this the funding for the Tier 2 Adult Weight Management Service has been increased by an additional £100,000.

Further details can be found at the link below:

[Executive Member for Public Health Decision Day 26 November 2020](#)

COUNCILLOR JUDITH GRAJEWSKI
Executive Member for Public Health